



Price List

HEALING

Reiki	R950
Sound Bowl Healing	R950
Sound Journey (group)	R550
Chakra Balancing	R950
Art Sessions	R650
Poetry Therapy	R550
Conscious Connected Breathwork	R550
One-on-One Yoga Class	R750
Trauma Release Exercises (TRE)	R800
Monochord Sound Bed	R950
Coaching	R950
Beyond the Noise Immersion	R6500



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MASSAGE & BEAUTY

Back, Neck and Shoulder (45 min)	R800
Indian Head Massage (45 min)	R800
Full Body Swedish (60 min)	R950
Full Body Swedish (90 min)	R1200
Full Body Massage (60 min)	R950
Full Body Massage (90 min)	R1200
Hot Stone Full Body (90 min)	R1200
Reflexology	R950
Facial	R800
Manicure or Pedicure	R450
Eyelash or Eyebrow Tint	R350
Waxing	On Request